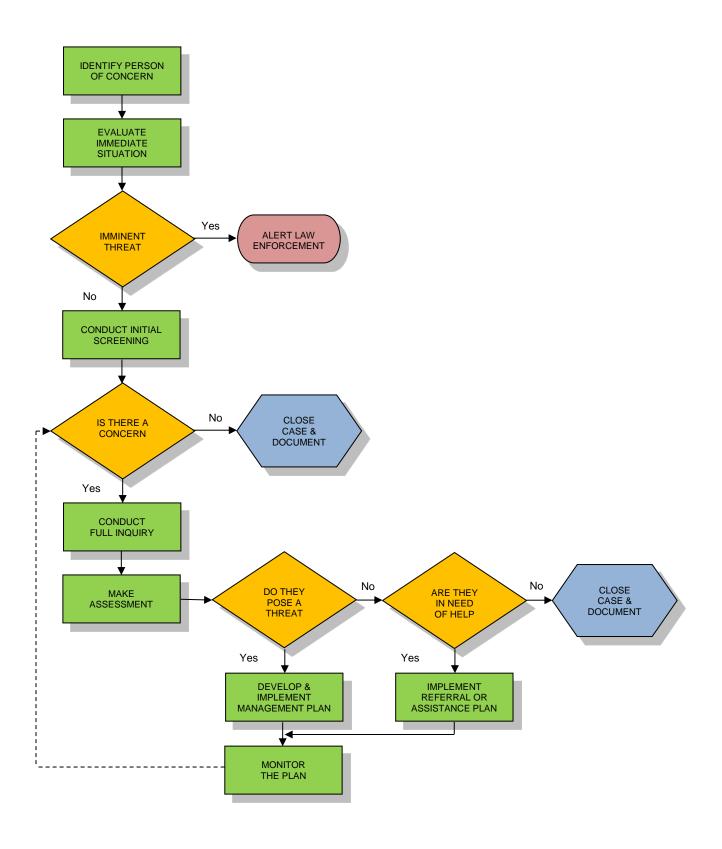
# Texas Southmost College Behavioral Intervention Team (BIT) Threat Assessment Process



## **IDENTIFY PERSON OF CONCERN**

- 1. Referral to BIT through online notification system.
- 2. Phone call or email to Campus Police/Security, Student Conduct Administration, Counseling, Human Resources, etc.

## **EVALUATE IMMEDIATE SITUATION**

- 1. Is the situation an emergency? If "yes" inform law enforcement immediately by calling 911.
- 2. Is there imminent danger? If "yes" inform law enforcement immediately by calling 911.

# **CONDUCT INITIAL SCREENING**

- 1. Gather information:
  - From relevant departments (Student Conduct Administration, Human Resources, Security, etc.).
  - From faculty and classmates.
  - Conduct online search of person's name and the name of anyone they have threatened or scared.
- 2. Questions to ask:
  - Has there been mention of suicidal thoughts, plans or attempts?
  - Has there been mention of thoughts or plans of violence or fear of violence?
  - Do they have access to a weapon or are they trying to obtain a weapon?
  - If "yes" to any of these questions then conduct a full inquiry.

#### CONDUCT FULL INOUIRY

- 1. Gather additional information from friends, co-workers, other staff, faculty, family, online friends, web sites, previous schools, employers, etc.
- 2. Key questions:
  - What are their motives and goals? What first brought them to someone's attention?
    - Does the situation or circumstances that lead to these statements or actions still exist?
    - Does the person have a grievance or grudge? Against whom?
    - What efforts have been made to resolve the problem and what has been the result?
  - Have there been any communications suggesting ideas or intent to attack?
    - Has the person communicated to someone else or written in an email, journal or web site concerning their intentions?
    - Has anyone been alerted or "warned away?"
  - Has the person shown any inappropriate interest in campus attacks, weapons or incidents of mass violence?
  - Has the person engaged in attack-related behaviors?
    - Developing an attack idea or plan.
    - o Making efforts to practice with or acquire a weapon.
    - Surveilling possible sites for attack.
    - Testing access to possible targets.
    - Rehearsing attacks.
  - Does the person have the capacity to carry out an act of targeted violence?
    - o How organized is their thinking and behavior?
    - o Do they have the means (access to a weapon) to carry out an attack?
  - Is the person experiencing hopelessness, desperation and/or despair?
    - Have they experienced a recent failure, loss or loss of status?
    - o Are they having trouble coping with a stressful event?
    - o Have they engaged in behavior indicating that they have considered ending their life?
  - Does the person have a trusting relationship with at least one responsible person?
    - o Do they have at least one friend, colleague or family member that they trust and rely on?
    - Are they emotionally connected to another person?
  - Does the person see violence as an acceptable (or only) way to solve a problem?
  - Are the person's conversation and "story" consistent with their actions?
  - Are other people concerned about the person's potential for violence?
    - Are those who know the person concerned that they may take action based on violent ideas or plans?
    - o Are those who know the person concerned about a specific target?
  - What circumstances might affect the likelihood of an attack?
  - Where does the subject exist on the NaBITA threat assessment scale.

## MAKE ASSESSMENT

- Focus on the facts of the case.
- Focus on the person's behavior.
- Focus on understanding of context of behavior.
- Examine progression of behavior over time.
- Corroborate critical information.
  - Check facts.
  - Use multiple sources.
  - o Gauge credibility of sources.
  - o Maintain a healthy skepticism.
- Focus on prevention not prediction.
- Goal: safety of the community and the person in question.

# **DEVELOP & IMPLEMENT MANAGEMENT PLAN**

- 1. Develop an individualized plan based on information gathered.
  - Plan must be fact based and individual specific.
  - Engagement is critical.
  - Personalities matter.
- 2. Relevant factors
  - De-escalate, contain or control the subject.
  - Decrease vulnerabilities of the target.
  - Modify physical and cultural environment to discourage escalation.
  - Prepare for and mitigate against precipitating events that may trigger adverse reactions.

# **IMPLEMENT REFERRAL OR ASSISTANCE PLAN**

- Outpatient counseling/mental health care.
- Emergency psychiatric evaluation.
- Mentoring relationship.
- Academic accommodations.
- Suspension/expulsion.
- Involvement in activities.
- Social skills training.
- Behavioral contract.
- Family involvement.
- Law enforcement involvement.
- Management by "walking around"/engagement/alliance.
- More...

# **MONITOR THE PLAN**

- Regularly scheduled follow-up meetings.
- Obtain permission to speak with counselors/mental health providers.
- Look for changes in appearance, mood, etc.
- Re-evaluate plan to ensure safety.